# Michelle Brown, PsyD

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# **EDUCATION**

Doctorate of Clinical Psychology; Concentration in Neuropsychology, August 2012 Washington School of Professional Psychology at Argosy University, Seattle, WA

• Dissertation: Predicting psychotherapy dropout using PAI profiles in a graduate training clinic

Masters of Arts in Clinical Psychology, April 2009 Washington School of Professional Psychology at Argosy University, Seattle, WA

Bachelor of Arts in Psychology, June 2006 University of Washington, Seattle, WA

#### CREDENTIALS & MEMBERSHIPS

Licensed Psychologist – State of Washington, License # PY60318426

Licensed Mental Health Counselor – State of Washington, License # LH60305859

American Psychological Association – Division 56 Affiliate

Washington State Psychological Association

#### PRACTICE SPECIALIZATION

Private Practice – Seattle, WA (06/2012 to Present)

Individual therapy and group therapy for children, adolescents, and adults

Assessment of mental health, learning disability, neuropsychological, and forensic services

- Specializing in treating posttraumatic stress disorder, chronic pain or illness, and other emotional issues utilizing Dialectical Behavioral Therapy (DBT) and Eye Movement Desensitization and Reprocessing (EMDR)
- Supervision and consultation of other mental health professionals and students

## **CLINICAL EXPERIENCE**

Postdoctoral Fellowship Position (07/2012 to Present)

Fremont Community Therapy Project

Supervised by Laura S. Brown, PhD, ABPP

- Extensive individual therapy training received in treating dissociation disorders, complex trauma survivors, and EMDR
- Coordination of DBT skills training groups including waitlist management, conflict management, and leading weekly consultation team meetings
- Development of DBT skills training program for trainees including curriculum development, presenting weekly didactics, and assessment of facilitators progress
- Psychological, neuropsychological, and forensic assessment as well as parenting evaluations
- Supervision of assessments completed by predoctoral interns and practicum trainees
- Total Current Hours = 720

Predoctoral Internship Position (07/2011 to 06/2012)

Fremont Community Therapy Project

Supervised by Laura S. Brown, PhD, ABPP; Dana P. Waters, PsyD; &, Samantha Slaughter, PsyD

- Individual therapy focused on healing complex trauma in a feminist therapy clinic with adult outpatient clientele with continued training in DBT and EMDR
- Coordination of DBT skills training groups including waitlist management, conflict management, leading consultation team, and didactic presentations
- Psychological, neuropsychological, and forensic assessments conducted
- Rotation completed at Ryther Child Care Center with focus on treating and assessing children from diverse backgrounds who are residentially housed due to significant abuse and trauma exposure
- Total Hours = 2025

Preinternship Position (09/2010 to 06/2011)

Fremont Community Therapy Project

Supervised by Laura S. Brown, PhD, ABPP; Samantha Slaughter, PsyD; & Susan Franklin, PsyD From 09/2010 to 06/2011

- Individual therapy focused on healing complex trauma in a feminist therapy clinic with adult outpatient clientele
- Extensive training received in DBT and EMDR
- Psychological, neuropsychological, and forensic assessment
- Coordination of weekly didactic trainings
- Total Hours = 1017

Practicum Placement (09/2009 to 09/2010)

Bill Heusler, PsyD, Mental Health Counseling Private Practice

Supervised by William C. Heusler, PsyD

- Brief individual therapy utilizing a collaborative integrative approach including narrative, solutionfocused, and feminist therapies
- DBT skills training groups and bipolar depression support groups
- Psychological, neuropsychological, and forensic assessment
- Adult, adolescent, and child outpatient clientele and incarcerated forensic assessment services
- Total Hours = 889

Practicum Placement (08/2008 to 07/2009)

Kwawachee Counseling Center, Puyallup Tribal Health Authority

Supervised by Michele M. Yoder, MFT, LMHC

- Individual therapy using culturally competent techniques with children, adolescents, and adults
- Group therapy with children and adolescents at Chief Leschi Tribal School
- Planning and coordination of outreach events
- Diverse Native American and multiethnic population
- Total Hours = 682.5

#### TEACHING EXPERIENCE

Early Career Professional Development (October, 2013)

Guest Lecturer at Antioch University, Seattle for Bill Heusler, PsyD

• One day lecture on the current issues facing early career psychologists

Dialectical Behavioral Therapy (July, 2013)

Fremont Community Therapy Project

Presented with Tyson D. Bailey, PsyD & Ursula Whiteside, PhD

- Two day workshop on DBT theoretical underpinnings and fundamentals
- Bimonthly follow up presentations given as didactic trainings to trainees

Dialectical Behavioral Therapy (September, 2013)

Ryther Childcare Center

Presented with Tyson D. Bailey, PsyD

- Two day workshop on DBT theoretical underpinnings and fundamentals
- Follow up consultation and additional training provided

Dialectical Behavioral Therapy Bootcamp (January, 2013)

Fremont Community Therapy Project

Presented with Tyson D. Bailey, PsyD & Ursula Whiteside, PhD

- One day condensed workshop on DBT theoretical underpinnings and fundamentals
- Bimonthly follow up presentations given as didactic trainings to trainees

Dialectical Behavioral Therapy (September, 2012)

Ryther Childcare Center

Presented with Tyson D. Bailey, PsyD

- Two day workshop on DBT theoretical underpinnings and fundamentals
- Bimonthly follow up presentations given as didactic trainings to trainees

Dialectical Behavioral Therapy (July, 2012)

Fremont Community Therapy Project

Presented with Tyson D. Bailey, PsyD & Ursula Whiteside, PhD

- Two day workshop on DBT theoretical underpinnings and fundamentals
- Bimonthly follow up presentations given as didactic trainings to trainees

Neurospychological Assessment I & II Teaching Assistant (09/2010 to 05/2011)

Argosy University, Seattle; Assistant to Douglas M. Whiteside, PhD, ABPP

- In class demonstration of neuropsychological assessment administration, scoring, and interpretation
- APA style grammatical and content correction of neuropsychological reports
- Facilitating the development of individual research projects in a special topic area

Interventions I Teaching Assistant (09/2007 – 12/2007)

Argosy University, Seattle Assistant to Douglas M. Kerr, PhD

- Supervision and assistance of students during clinical interview skills practice
- APA style grammatical and content correction
- In class demonstration and instruction of clinical interview skills

Animal Learning Laboratory Teaching Assistant (01/2006 to 06/2006)

University of Washington, Seattle Campus; Assistant to Renee R. Ha, PhD

- Grading papers and tutoring students
- Laboratory supervision of students with rodent subjects
- Facilitation of student research projects

## RESEARCH EXPERIENCE

Learning Community Facilitator (07/2011 to 08/2011)

Transforming Difficult Moments in Therapy using DBT; Behavioral Tech Research Inc., Seattle

- Facilitation of discussion of other mental health professionals utilizing online interactive training tool for Treatment Interfering Behaviors
- Teaching fundamental concepts of DBT, coaching how to use skills with clients, in vivo practice

via role plays and imaginal exercises

Development of individualized follow up plans for post study implementation of new material

Database Team Leader (11/2008 to 06/2010)

Argosy University, Seattle Psychology Center Collaborative Database Project Supervised by Douglas M. Whiteside, PhD, ABPP

- Creation and maintenance of archival assessment and psychotherapy database for research use
- Training new recruits; data entry; troubleshooting and management of team
- Sites include Argosy University, Seattle; Washington State University; Virginia Mason Hospital; and Western Washington Medical Group

Research Assistant (03/2010 to 06/2010)

Argosy University, Seattle; Assistant to Elana Rosencrantz, MA

- Student dissertation: Lifespan Integration Therapy for Post-traumatic Stress Disorder (PTSD) with Adults Involved in an Auto Accident
- Six individual therapy session using Lifespan Integration therapy provided per client
- Conducting intake sessions using the PAI and the Clinician Administered PTSD scale

## VOLUNTEER EXPERIENCE

Social Work Assistant (03/2001 to 01/2002)

Lytton Gardens, Palo Alto, CA; Assistant to Anne Evans, MSW

- Coordination of enrichment activities for low income geriatric adults in assisted living
- Facilitation of satisfaction surveys

## ADDITIONAL TRAINING

Eye Movement Desensitization & Reprocessing: Part II Rosalie Thomas, PhD; EMDR HAP

■ Fremont Community Therapy Project, Seattle WA – 23 hours; 2010, September

Lifespan Integration: Level I

Cathy Thrope, MA

■ Fremont Community Therapy Project, Seattle WA – 14 hours; 2010, August

Eye Movement Desensitization & Reprocessing: Part I

Rosalie Thomas, PhD; EMDR HAP

■ Fremont Community Therapy Project, Seattle WA – 23 hours; 2010, June

Dialectical Behavioral Therapy Skills Training Marsha Linehan, PhD, ABPP; Behavioral Tech, LLC

■ Fremont Community Therapy Project, Seattle WA – 20 hours; 2010, February

# PRESENTATIONS & PUBLICATIONS

- Whiteside, D.M., Galbreath, J., Brown, M., & Turnbull, J. (2012). Differential response patterns on the Personality Assessment Inventory (PAI) in compensation seeking and non-compensation seeking mild traumatic brain injury patients. *Journal of Clinical and Experimental Neuropsychology*, *34*, *172-182*.
- Whiteside, D., Brown, M., & Galbreath, J. (2012, June). *Classification accuracy of the PAI in compensation seeking and non-compensation seeking mild TBI patients*. Poster session presented at the meeting of American Academy of Clinical Neuropsychology, Seattle, WA.
- Whiteside, D., Galbreath, J., & Brown, M. (2012, June). *Patterns of responses on the PAI in compensation seeking mild TBI patients*. Poster session presented at the meeting of American Academy of Clinical Neuropsychology, Seattle, WA.
- Brown, M. (2011, April). *Predicting psychotherapy attrition in a graduate training clinic based on PAI profiles.* Presentation at Washington State Psychological Association, Seattle, WA.
- Whiteside, D., Galbreath, J., Turnbull, J., & Brown, M. (2011, February). *Scale elevations of the Personality Assessment Inventory (PAI) in mild traumatic brain injury*. Poster session presented at the meeting of International Neuropsychology Society, Boston, MA.
- Brown, M., Lowry, N., Whiteside, D., & Bailey, T. (2010, October). *Immediate and delayed verbal recall in post-traumatic stress disorder clients*. Poster session presented at the meeting of Washington State Psychological Association, Seattle, WA.
- Brown, M., Whiteside, D., Lowry, N., & Martel, S. (2010, October). *Relationship between posttraumatic stress disorder and attention in a mixed clinical sample*. Poster session presented at the meeting of Washington State Psychological Association, Seattle, WA.
- Bailey, T., Brown, M., Whiteside, D.M., & Waters, D. (2010, October). Attention and executive functioning in post-traumatic stress disorder clients. *Archives of Clinical Neuropsychology*, 25, 494. Poster session presented at National Academy of Neuropsychology Conference, Vancouver, BC.
- Brown, M., Lowry, N., Whiteside, D.M., & Bailey, T. (2010, October). Immediate and delayed verbal recall in post-traumatic stress disorder clients. *Archives of Clinical Neuropsychology*, 25, 498. Poster session presented at National Academy of Neuropsychology Conference, Vancouver, BC.
- Whiteside, D., Turnbull, J., Galbreath, J., & Brown, M. (2010, August). *Personality Assessment Inventory validity, clinical, and treatment scale elevations in mild traumatic brain injured patients*. Manuscript submitted for publication.
- Brown, M., Whiteside, D.M., Lowry, N., & Martel, S. (2010, June). Attention/Concentration in Post-Traumatic Stress Disorder. *The Clinical Neuropsychologist*, *24*, 566-567. Poster session presented at the American Academy of Clinical Neuropsychology conference, Chicago, IL.

- Brown, M. (2010, March). *Outcome measures*. Presentation at the faculty meeting of Argosy University, Seattle, WA.
- Brown, M. (2010, March). *Outcome measures: Utility of the OQ-45*. Presentation at the staff meeting of Argosy University, Seattle Psychology Center, Seattle, WA.
- Brown, M. (2009, June). *Substance abuse prevention in teens*. Presentation session at the meeting of Puyallup Tribal Health Authority, Tacoma, WA.

## REFERENCES

Laura S. Brown, PhD, ABPP

- Fremont Community Therapy Project, Director
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- Fremont Community Therapy Project, Assistant Director
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Dana Waters, PsyD, ABPP

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Tyson D. Bailey, PsyD

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